#liftyourvoice – May 16, 2020 – 7 pm

All Sheet Music

Scroll down to find your voice/instrument. Remember to print only the pages you need!

Contents:

2.Easy Flute 20.Flute 37.Harp
5.Easy Clarinet 23.Oboe 40.Easy Ukulele
9.Easy Trumpet 27.Tenor Sax 44.Viola
12.Easy Tuba 30.French Horn
13.Easy Percussion 31.Trumpet
(Drum) 32.Trombone
14.Easy Percussion 33.Euphonium
(Bells) 34.Tuba
15.Easy Piano 35.Percussion (Drum)
16.Easy Violin 36.Percussion (Bells)
17.Easy Viola
18.Easy Cello
19.Easy Double Bass
Dedicated to all of the healers in our community

Panem Nostrum

#liftyourvoice - Saturday, May 16, 2020 at 7 pm

Reena Esmail
arr. Schwaegler

Flute

Slow \( \frac{\mathcal{L}}{\mathcal{M}} = 72 \)

Repeat as desired.
Play at least 3 times.
Reena Esmail
arr. Schwaegler

Dedicated to all of the healers in our community

Panem Nostrum
#liftyourvoice - Saturday, May 16, 2020 at 7 pm

Slow \( \frac{1}{4} = 72 \)

Repeat as desired.
Play at least 3 times.
Oboe

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Panem Nostrum

#liftyourvoice - Saturday, May 16, 2020 at 7 pm

Reena Esmail
arr. Schwaegler

Slow \( \text{\textdagger} = 72 \)

\( \text{\textdagger} \)

4

8

12

Repeat as desired.

Play at least 3 times.

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Clarinet

Dedicated to all of the healers in our community

Panem Nostrum

#liftyourvoice - Saturday, May 16, 2020 at 7 pm

Reena Esmail
arr. Schwaegler

Slow $\frac{\dot{\text{d}}}{\text{d}} = 72$

Repeat as desired.
Play at least 3 times.
Alto Saxophone

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Panem Nostrum

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arr. Schwaegler

Slow $\frac{\text{b}}{\text{b}} = 72$

12  Repeat as desired.
   Play at least 3 times.
Bassoon

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Panem Nostrum

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arr. Schwaegler

Slow $\frac{\text{note}}{\text{value}} = 72$

Repeat as desired.
Play at least 3 times.
French Horn

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Reena Esmail
arr. Schwaegler

**Slow** $\downarrow = 72$

12

Repeat as desired.

Play at least 3 times.
Trumpet

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Reena Esmail  
arr. Schwaegler

Slow $\frac{\text{d}}{\text{e}} = 72$

4

8

12  Repeat as desired.  
Play at least 3 times.
Baritone

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arr. Schwaegler

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Play at least 3 times.
Trombone

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arr. Schwaegler

Slow $\frac{1}{4} = 72$

Repeat as desired.
Play at least 3 times.
Tuba

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Panem Nostrum

#liftyourvoice - Saturday, May 16, 2020 at 7 pm

Reena Esmail
arr. Schwaegler

Slow $\frac{4}{4} = 72$

Repeat as desired.
Play at least 3 times.
Percussion (Drum)

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**Panem Nostrum**

#liftyourvoice - Saturday, May 16, 2020 at 7 pm

Reena Esmail
arr. Schwaegler

Slow \( \frac{1}{2} = 72 \)

[Music notation]

Repeat as desired.
Play at least 3 times.
Percussion (Bells)

Dedicated to all of the healers in our community

Panem Nostrum

#liftyourvoice - Saturday, May 16, 2020 at 7 pm

Reena Esmail
arr. Schwaegler

Slow \( \frac{\text{note}}{} = 72 \)

Repeat as desired.

Play at least 3 times.
Piano

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Panem Nostrum

#liftyourvoice - Saturday, May 16, 2020 at 7 pm

Reena Esmail
arr. Schwaegler

Slow $\downarrow = 72$

Repeat as desired.
Play at least 3 times.
Panem Nostrum

Reena Esmail
arr. Schwaegler

\[ \text{\textbf{Dedicated to all of the healers in our community.}} \]

\#liftyourvoice - www.liftyourvoice2020.weebly.com

Saturday, May 16, 2020 at 7pm
Panem Nostrum

\[ \text{\( \text{\textbackslash n}\)} = 72 - \text{Slow} \]

Reena Esmail
arr. Schwaegler

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Saturday, May 16, 2020 at 7pm
Panem Nostrum

\[ \text{Reena Esmail} \]
\[ \text{arr. Schwaegler} \]

\[ \text{alue} \] of all of the healers in our community.

\#liftyourvoice - www.liftyourvoice2020.weebly.com

Saturday, May 16, 2020 at 7pm
Panem Nostrum

Reena Esmail
arr. Schwaegler

\[ \text{\textcopyright Cb.} \]

\[ \text{\textcopyright Cb.} \]

Play 3 times

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#liftyourvoice - www.liftyourvoice2020.weebly.com

Saturday, May 16, 2020 at 7pm
Flute

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**Panem Nostrum**

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

THE IDEA

The coronavirus has forced us to adopt a lifestyle of physical distancing, but we are still a community!

Let's create a piece of performance art that showcases our connection to each other in spite of physical separation.

And let's dedicate it to all of the people working so hard to support our community right now.

ABOUT THE MUSIC

(note from the composer)

This theme, Panem Nostrum, came from my setting of the phrase *Panem nostrum quotidianum da nobis hodie*, which means "Give us this day our daily bread." During composition, I envisioned a warm, safe, connected space where we can each ask for what we need - to ask for our daily bread, for the things that sustain us, literally and metaphorically.

In this unusual time of crisis, so many of us have been thinking about what is most important to us, what truly sustains us, what keeps us waking up in the morning, even when it feels impossible, what makes us feel most alive.

As you play this melody, think about what makes you feel most alive, what keeps you going.

And send gratitude for your daily bread into the world with your music.

INSTRUCTIONS

Learn this melody. Be sure you are in tune! (A = 440 hz)

On **Saturday, May 16, 2020, at 7:00 pm**, go outside your home

- backyard, frontyard, balcony, porch, open window -

and perform the piece continuously for as long as you want.

Let the music join with the natural sound of your neighborhood's environment.

You do NOT need to match tempo or rhythm with anyone else you might hear doing this!

Feel free to use rubato or add silence between the musical phrases however you like.

Imagine what the combined effect will be to anyone out sitting on their patio.

The music will be as beautifully random as song birds calling to each other in the trees.

You may hear other performers in your area, or you may only hear yourself. But know that, for these few minutes, you are a part of an enormous performance, and the whole is greater than any one person could possibly perceive.

How cool is that!? Totally epic!

**PLEASE SHARE A PHOTO OR VIDEO OF YOURSELF PERFORMING**

**ON SOCIAL MEDIA USING THE HASHTAG #liftyourvoice**

**THANK YOU FOR LIFTING YOUR VOICE!**
Recorder (high part)

_Dedicated to all of the healers in our community_

**Panem Nostrum**

arrangement for #liftyourvoice - May 16, 2020, 7 pm  
Reena Esmail  
arr. Schwaegler

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**THE IDEA**

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THANK YOU FOR LIFTING YOUR VOICE!
Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

THE IDEA

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THANK YOU FOR LIFTING YOUR VOICE!
Oboe (choose a part)

*Dedicated to all of the healers in our community*

**Panem Nostrum**

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail

arr. Schwaegler

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(note from the composer)

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**THANK YOU FOR LIFTING YOUR VOICE!**
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THANK YOU FOR LIFTING YOUR VOICE!
**Bass Clarinet in B♭**

*Dedicated to all of the healers in our community*

**Panem Nostrum**

arrangement for #liftyourvoice - May 16, 2020, 7 pm  
Reena Esmail  
arr. Schwaegler

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**THE IDEA**

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**THANK YOU FOR LIFTING YOUR VOICE!**
Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

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THANK YOU FOR LIFTING YOUR VOICE!
Tenor Sax (choose a part)  

Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

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THANK YOU FOR LIFTING YOUR VOICE!
Dedicated to all of the healers in our community

Panem Nostrum
arrangement for #liftyourvoice - May 16, 2020, 7 pm

THE IDEA
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**THANK YOU FOR LIFTING YOUR VOICE!**
Horn in F (choose a part)  Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

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THANK YOU FOR LIFTING YOUR VOICE!
Trumpet in B♭

Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

Tender \( \frac{1}{4} = 72 \)

THE IDEA
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ABOUT THE MUSIC
(note from the composer)
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Trombone

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Panem Nostrum

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Reena Esmail
arr. Schwaegler

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THANK YOU FOR LIFTING YOUR VOICE!
Euphonium

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Panem Nostrum

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Reena Esmail
arr. Schwaegler

Tender \( \frac{\text{d}}{\text{f}} = 72 \)

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Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

Tuba

Tender \( \frac{4}{4} \) = 72

Occasionally drone G for the entire length of the melody.
As you do this, remember you are truly part of something larger than yourself.

Repeat as desired.
Perform at least 3 times.

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THANK YOU FOR LIFTING YOUR VOICE!
Drum

Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

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THANK YOU FOR LIFTING YOUR VOICE!
Bells

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Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

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arr. Schwaegler

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Panem Nostrum
arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

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THANK YOU FOR LIFTING YOUR VOICE!
Piano

Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

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Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

G drone throughout

Repeat as desired.
Perform at least 3 times.

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THANK YOU FOR LIFTING YOUR VOICE!
Ukulele (easy)

Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

Tender \( \frac{\text{min}}{\text{beat}} = 72 \)

Repeat as desired.
Perform at least 3 times.
Ukulele

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Panem Nostrum

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THANK YOU FOR LIFTING YOUR VOICE!
Voice

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Panem Nostrum

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THANK YOU FOR LIFTING YOUR VOICE!
Viola

Dedicated to all of the healers in our community

Panem Nostrum
arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

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ON SOCIAL MEDIA USING THE HASHTAG #liftyourvoice

THANK YOU FOR LIFTING YOUR VOICE!
Cello

Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

THE IDEA

The coronavirus has forced us to adopt a lifestyle of physical distancing, but we are still a community!
Let's create a piece of performance art that showcases our connection to each other in spite of physical separation.
And let's dedicate it to all of the people working so hard to support our community right now.

ABOUT THE MUSIC

(note from the composer)

This theme, Panem Nostrum, came from my setting of the phrase Panem nostrum quotidiamum da nobis hodie, which means "Give us this day our daily bread." During composition, I envisioned a warm, safe, connected space where we can each ask for what we need - to ask for our daily bread, for the things that sustain us, literally and metaphorically.
In this unusual time of crisis, so many of us have been thinking about what is most important to us, what truly sustains us, what keeps us waking up in the morning, even when it feels impossible, what makes us feel most alive.

As you play this melody, think about what makes you feel most alive, what keeps you going.
And send gratitude for your daily bread into the world with your music.

INSTRUCTIONS

Learn this melody. Be sure you are in tune! (A = 440 hz)
On Saturday, May 16, 2020, at 7:00 pm, go outside your home
- backyard, frontyard, balcony, porch, open window -
and perform the piece continuously for as long as you want.
Let the music join with the natural sound of your neighborhood's environment.

You do NOT need to match tempo or rhythm with anyone else you might hear doing this!
Feel free to use rubato or add silence between the musical phrases however you like.
Imagine what the combined effect will be to anyone out sitting on their patio.
The music will be as beautifully random as song birds calling to each other in the trees.

You may hear other performers in your area, or you may only hear yourself. But know that, for these few minutes, you are a part of an enormous performance, and the whole is greater than any one person could possibly perceive.
How cool is that!? Totally epic!

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THANK YOU FOR LIFTING YOUR VOICE!
**Double Bass**  
*Dedicated to all of the healers in our community*  
**Panem Nostrum**  
arrangement for #liftyourvoice - May 16, 2020, 7 pm  
Reena Esmail  
arr. Schwaegler

**Tender** \( \frac{\text{mf}}{4} \) = 72

Occasionally drone low G for the entire length of the melody.  
As you do this, remember you are truly part of something larger than yourself.

**Repeat as desired.**  
Perform at least 3 times.

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