

#liftyourvoice – May 16, 2020 – 7 pm

All Sheet Music

Scroll down to find your voice/instrument.
Remember to print only the pages you need!

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Flute

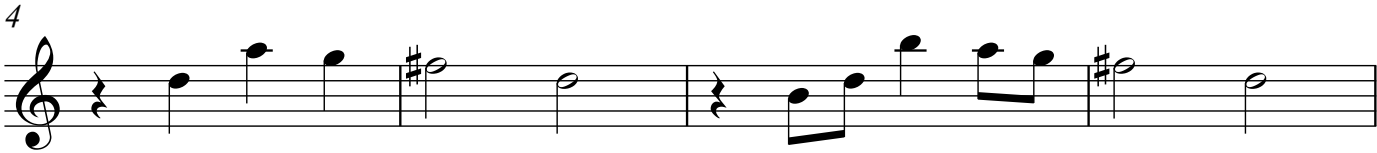
Dedicated to all of the healers in our community

Panem Nostrum

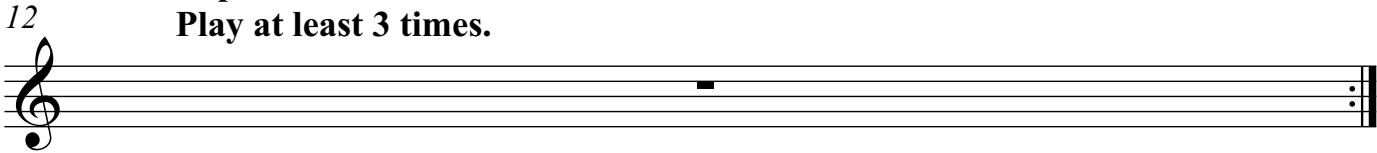
#liftyourvoice - Saturday, May 16, 2020 at 7 pm

Reena Esmail
arr. Schwaegler

Slow ♩ = 72



Repeat as desired.
Play at least 3 times.



Recorder

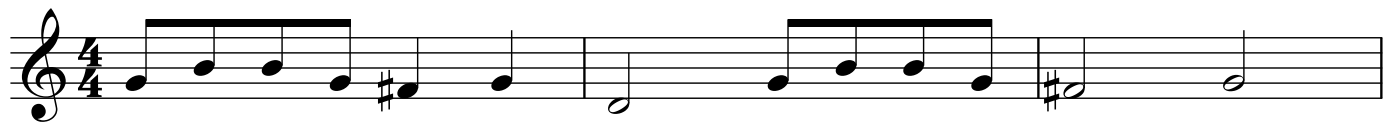
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Slow ♩ = 72



Oboe

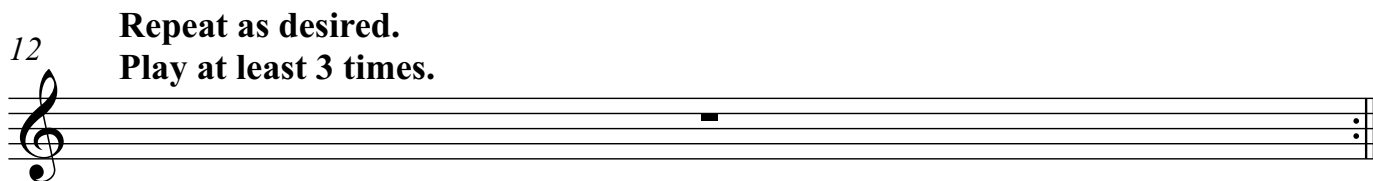
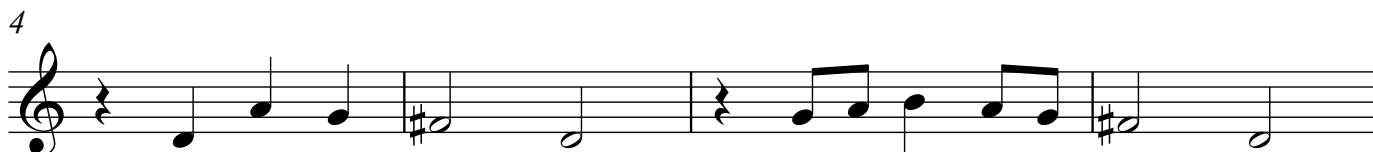
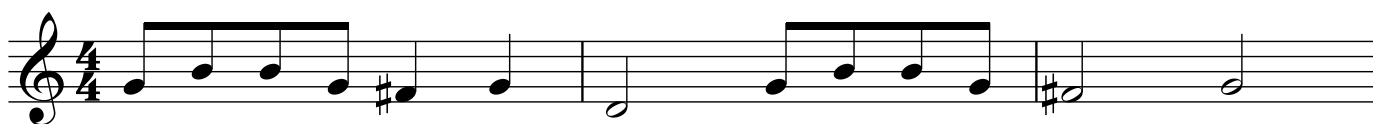
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Play at least 3 times.**

Clarinet

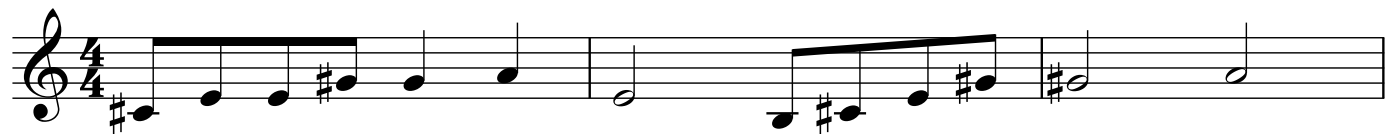
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Alto Saxophone

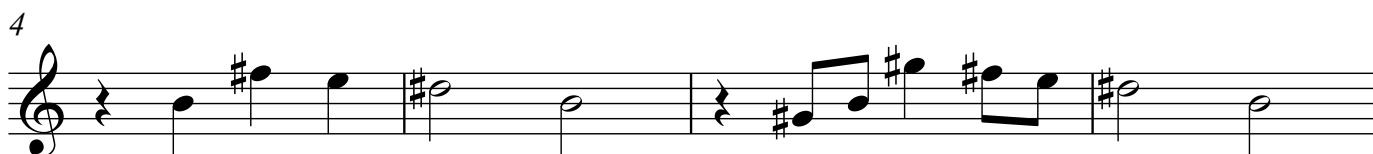
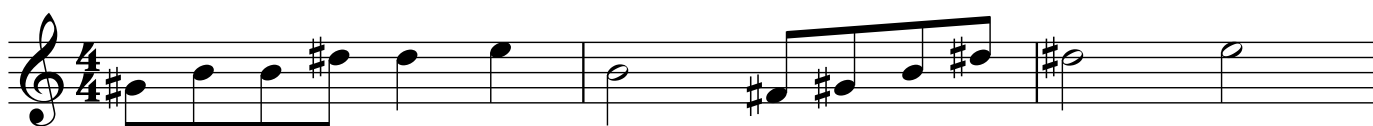
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Panem Nostrum

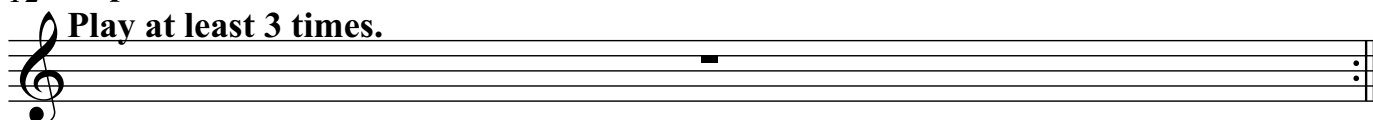
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Bassoon

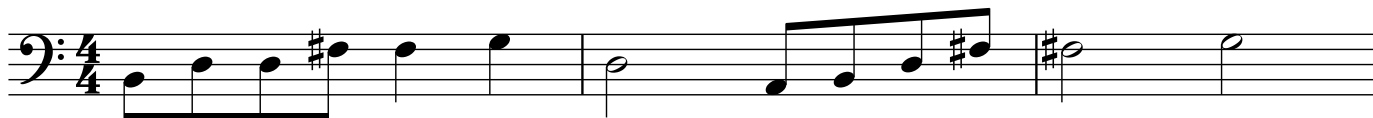
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Panem Nostrum

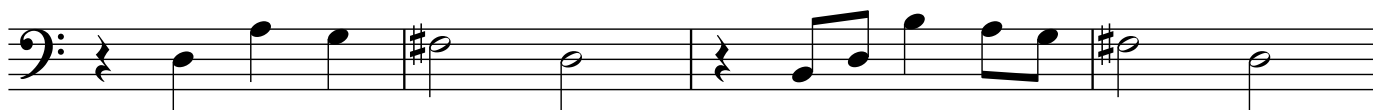
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Reena Esmail
arr. Schwaegler

Slow ♩ = 72



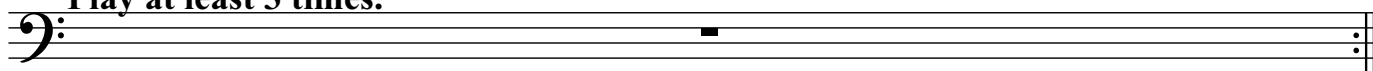
4



8



12 Repeat as desired.
Play at least 3 times.



French Horn

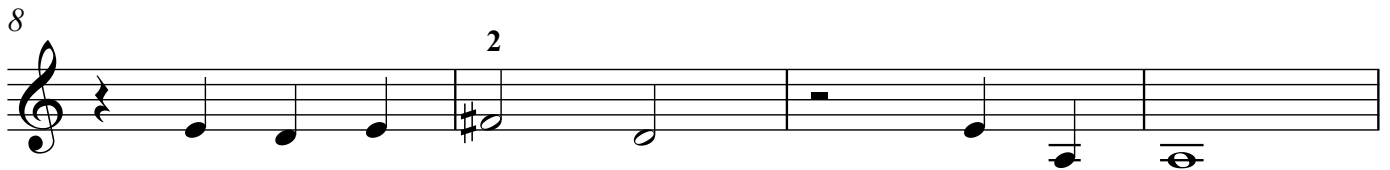
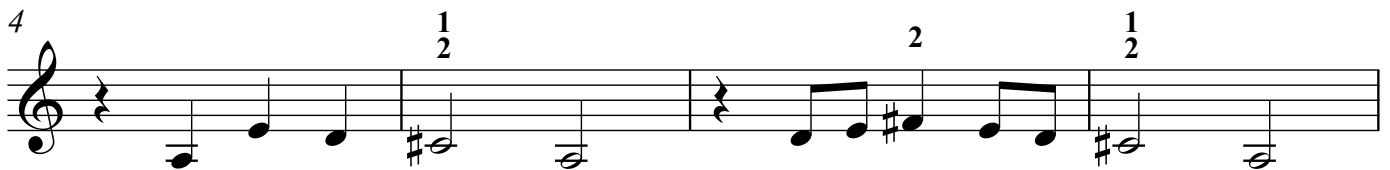
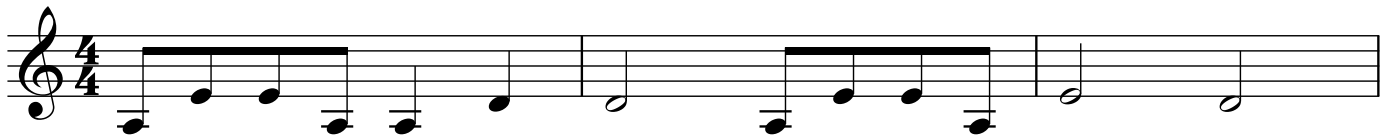
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Panem Nostrum

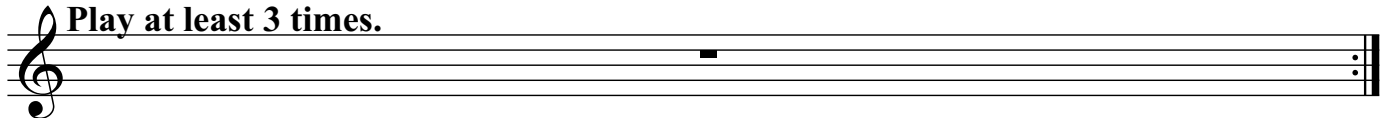
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arr. Schwaegler

Slow ♩ = 72



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Trumpet

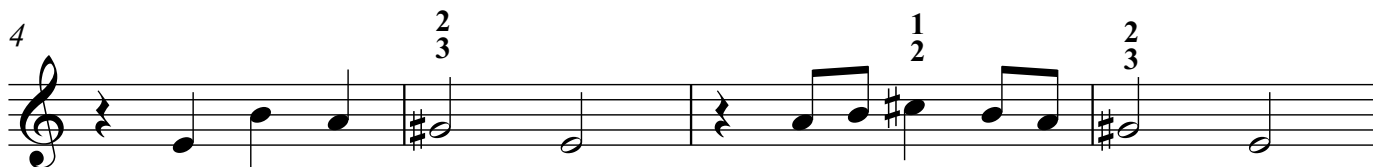
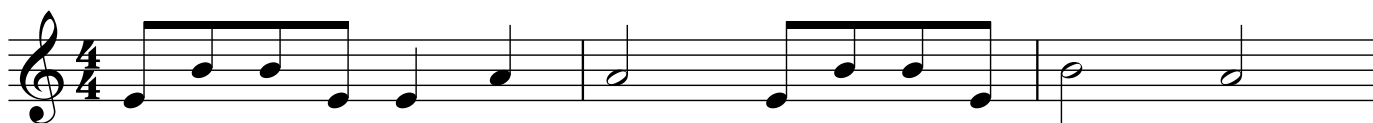
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Panem Nostrum

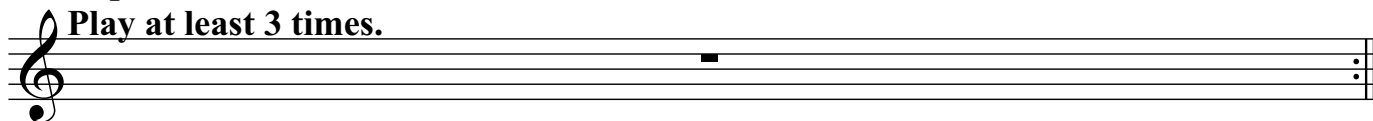
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arr. Schwaegler

Slow ♩ = 72



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Play at least 3 times.



Baritone

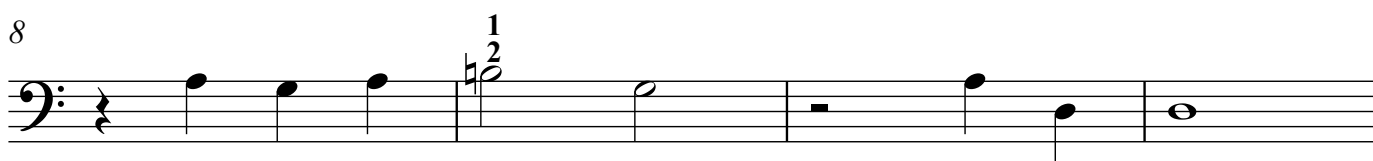
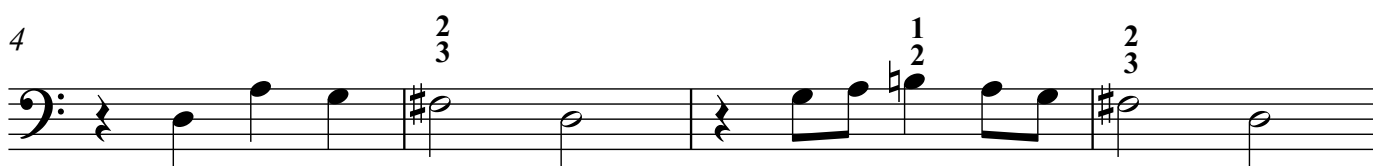
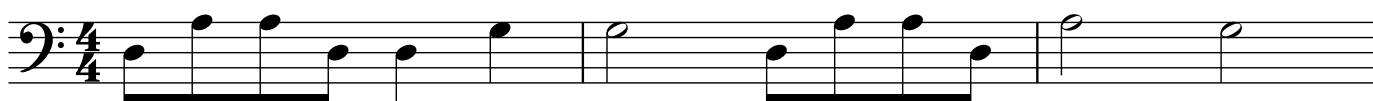
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Panem Nostrum

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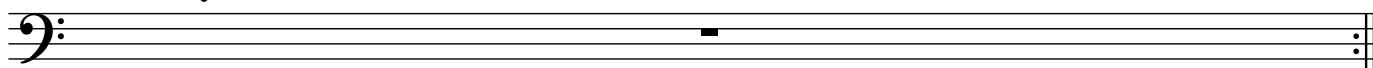
Reena Esmail
arr. Schwaegler

Slow ♩ = 72



12

Repeat as desired.
Play at least 3 times.



Trombone

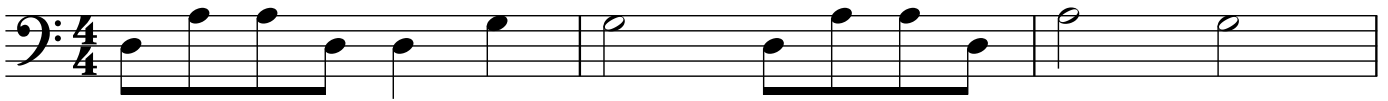
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Panem Nostrum

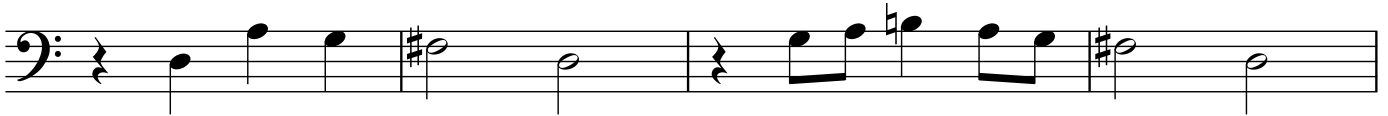
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arr. Schwaegler

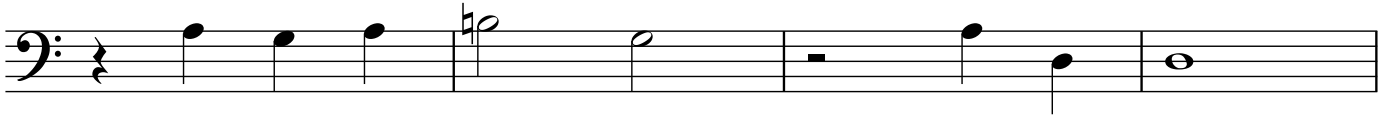
Slow ♩ = 72



4



8



12

**Repeat as desired.
Play at least 3 times.**



Tuba

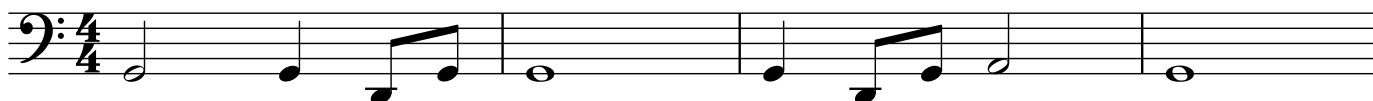
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Panem Nostrum

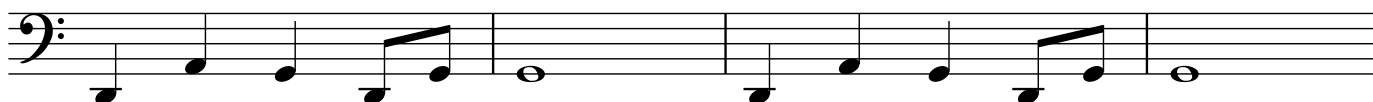
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Reena Esmail
arr. Schwaegler

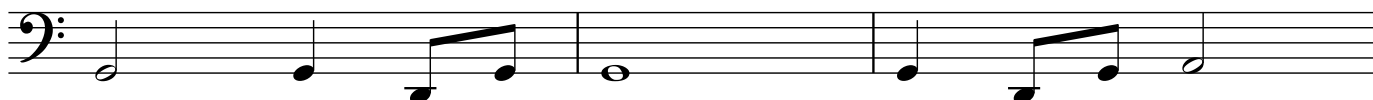
Slow ♩ = 72



5

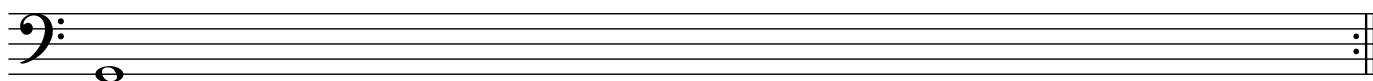


9



**Repeat as desired.
Play at least 3 times.**

12



Percussion (Drum)

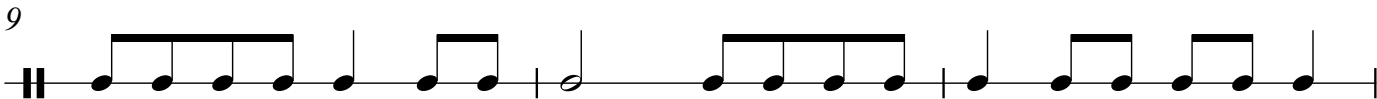
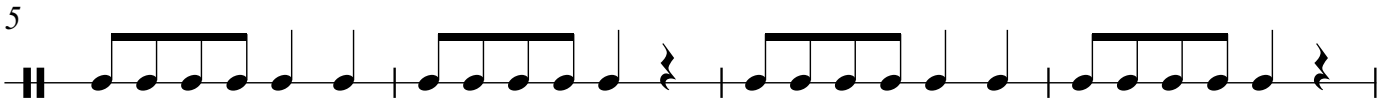
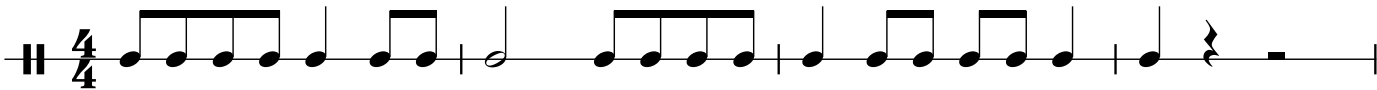
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Panem Nostrum

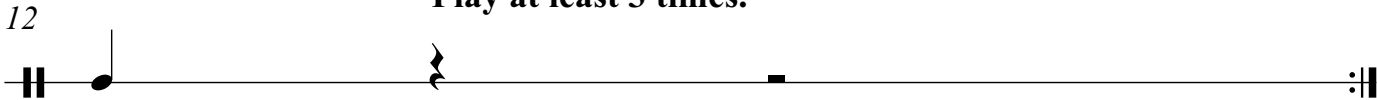
#liftyourvoice - Saturday, May 16, 2020 at 7 pm

Reena Esmail
arr. Schwaegler

Slow ♩ = 72



Repeat as desired.
Play at least 3 times.



Percussion (Bells)

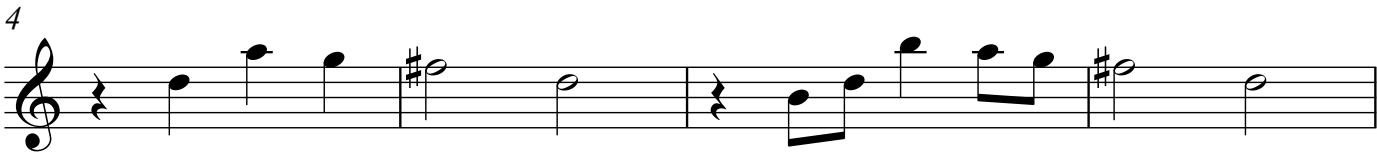
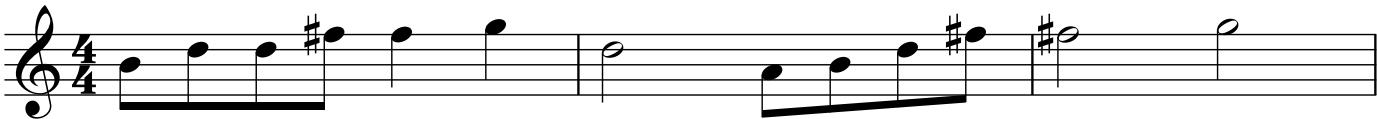
Dedicated to all of the healers in our community

Panem Nostrum

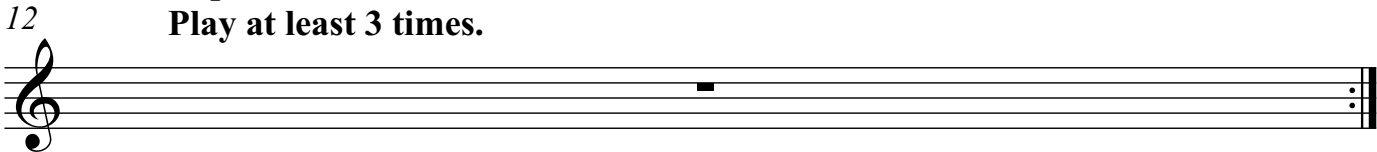
#liftyourvoice - Saturday, May 16, 2020 at 7 pm

Reena Esmail
arr. Schwaegler

Slow ♩ = 72



**Repeat as desired.
Play at least 3 times.**



Piano

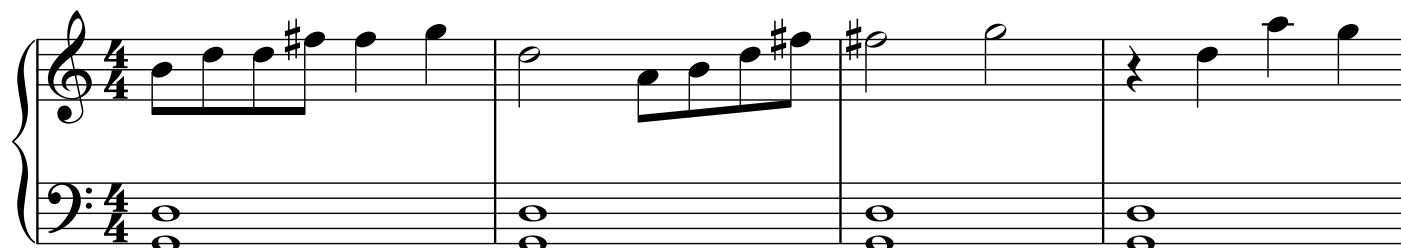
Dedicated to all of the healers in our community

Panem Nostrum

#liftyourvoice - Saturday, May 16, 2020 at 7 pm

Reena Esmail
arr. Schwaegler

Slow ♩ = 72



**Repeat as desired.
Play at least 3 times.**

Panem Nostrum

Reena Esmail
arr. Schwaegler

♩ = 72

Violin

4

Vln.

8

Vln.

0 0 2 2 3 0 , 0 2 2 3

lift-set fast

freeze

0 0 3 2 0 , freeze 0 0 3 2 0

0 3 2 0 0

Play 3 times

The musical score is written for Violin and Violoncello (Vln.). It is in 4/4 time with a tempo of 72 beats per minute. The Violin part begins at measure 1, and the Violoncello part begins at measure 4. The score includes fingerings (0, 2, 3) and articulations (lift-set fast, freeze). A 'Play 3 times' instruction is present at the end of the Violoncello part. The score concludes with a repeat sign.

Dedicated to all of the healers in our community.

#liftyourvoice - www.liftyourvoice2020.weebly.com

Saturday, May 16, 2020 at 7pm

Panem Nostrum

Reena Esmail
arr. Schwaegler

♩ = 72 - Slow

Viola

4

Vla.

8

Vla.

freeze

lift-set fast

lift-set fast

freeze

freeze

freeze-freeze-freeze-freeze

Play 3 times

Dedicated to all of the healers in our community.

#liftyourvoice - www.liftyourvoice2020.weebly.com

Saturday, May 16, 2020 at 7pm

Panem Nostrum

Reena Esmail
arr. Schwaegler

♩ = 72 - Slow

Violoncello

Vc.

Vc.

0 0 3 3 4 0 , 0 3 3 4

3 1 3

4 freeze 0 0 4 3 0 , freeze 0 0 4 3 0

8 freeze 0 4 3 0 0

3 3 1 3 freeze-freeze-freeze-freeze

Play 3 times

Dedicated to all of the healers in our community.

#liftyourvoice - www.liftyourvoice2020.weebly.com

Saturday, May 16, 2020 at 7pm

Panem Nostrum

Reena Esmail
arr. Schwaegler

♩ = 72 - Slow

Contrabass

4

Cb.

8

Cb.

freeze

lift-set fast

lift-set fast

freeze

freeze

freeze-freeze-freeze-freeze

Play 3 times

Dedicated to all of the healers in our community.

#liftyourvoice - www.liftyourvoice2020.weebly.com

Saturday, May 16, 2020 at 7pm

Flute

Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

Tender ♩ = 72

mf

6

Repeat as desired.
Perform at least 3 times.

THE IDEA

The coronavirus has forced us to adopt a lifestyle of physical distancing, but we are still a community! Let's create a piece of performance art that showcases our connection to each other in spite of physical separation. And let's dedicate it to all of the people working so hard to support our community right now.

ABOUT THE MUSIC (note from the composer)

This theme, Panem Nostrum, came from my setting of the phrase *Panem nostrum quotidianum da nobis hodie*, which means "Give us this day our daily bread." During composition, I envisioned a warm, safe, connected space where we can each ask for what we need - to ask for our daily bread, for the things that sustain us, literally and metaphorically. In this unusual time of crisis, so many of us have been thinking about what is most important to us, what truly sustains us, what keeps us waking up in the morning, even when it feels impossible, what makes us feel most alive.

As you play this melody, think about what makes you feel most alive, what keeps you going.
And send gratitude for your daily bread into the world with your music.

INSTRUCTIONS

Learn this melody. Be sure you are in tune! (A = 440 hz)
On **Saturday, May 16, 2020, at 7:00 pm**, go outside your home
- backyard, frontyard, balcony, porch, open window -
and perform the piece continuously for as long as you want.
Let the music join with the natural sound of your neighborhood's environment.

You do NOT need to match tempo or rhythm with anyone else you might hear doing this!
Feel free to use rubato or add silence between the musical phrases however you like.
Imagine what the combined effect will be to anyone out sitting on their patio.
The music will be as beautifully random as song birds calling to each other in the trees.

You may hear other performers in your area, or you may only hear yourself. But know that, for these few minutes, you are a part of an enormous performance, and the whole is greater than any one person could possibly perceive.
How cool is that!? Totally epic!

**PLEASE SHARE A PHOTO OR VIDEO OF YOURSELF PERFORMING
ON SOCIAL MEDIA USING THE HASHTAG #liftyourvoice**

THANK YOU FOR LIFTING YOUR VOICE!

Recorder (high part)

Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

Tender ♩ = 72

mf

**Repeat as desired.
Perform at least 3 times.**

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THANK YOU FOR LIFTING YOUR VOICE!

Recorder (low part)

Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

Tender ♩ = 72

mf

**Repeat as desired.
Perform at least 3 times.**

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THANK YOU FOR LIFTING YOUR VOICE!

Oboe (choose a part)

Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

Tender ♩ = 72



**Repeat as desired.
Perform at least 3 times.**

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THANK YOU FOR LIFTING YOUR VOICE!

Clarinet in B \flat (choose a part) *Dedicated to all of the healers in our community*

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

Tender $\text{♩} = 72$



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THANK YOU FOR LIFTING YOUR VOICE!

Bass Clarinet in B \flat

Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

Tender $\text{♩} = 72$

Repeat as desired.
Perform at least 3 times.

THE IDEA

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Alto Sax

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Tenor Sax (choose a part)

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Panem Nostrum

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arr. Schwaegler

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mf

mf

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Bari Sax (choose a part)

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Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

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arr. Schwaegler

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mf

mf

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Bassoon (choose a part)

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Panem Nostrum

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arr. Schwaegler

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Horn in F (choose a part)

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Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

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arr. Schwaegler

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Trumpet in B♭

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Panem Nostrum

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Reena Esmail
arr. Schwaegler

Tender ♩ = 72

mf

6

Repeat as desired.
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Trombone

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Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

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mf

6

Repeat as desired.
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3

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Euphonium

Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

Tender ♩ = 72

The musical score is written for Euphonium in 4/4 time. It begins with a tempo marking 'Tender' and a quarter note equal to 72 beats per minute. The first staff contains measures 1 through 5, ending with a repeat sign. The second staff starts at measure 6, indicated by a '6' below the staff. It includes a triplet of eighth notes in measure 6 and ends with a repeat sign. A dynamic marking 'mf' is placed below the first staff. To the right of the second staff, the text 'Repeat as desired. Perform at least 3 times.' is written.

mf

6

Repeat as desired.
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3

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Tuba

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Panem Nostrum

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Reena Esmail
arr. Schwaegler

Tender ♩ = 72

mf

p

Occasionally drone G for the entire length of the melody.
As you do this, remember you are truly part of something larger than yourself.

**Repeat as desired.
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7

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Drum

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Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

Tender ♩ = 72

p

5

p *mf*

9

p

Repeat as desired.
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Bells

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Panem Nostrum

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arr. Schwaegler

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mf

7

**Repeat as desired.
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THANK YOU FOR LIFTING YOUR VOICE!

Harp

Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

Tender ♩ = 72



THE IDEA

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ABOUT THE MUSIC (note from the composer)

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Piano

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Guitar

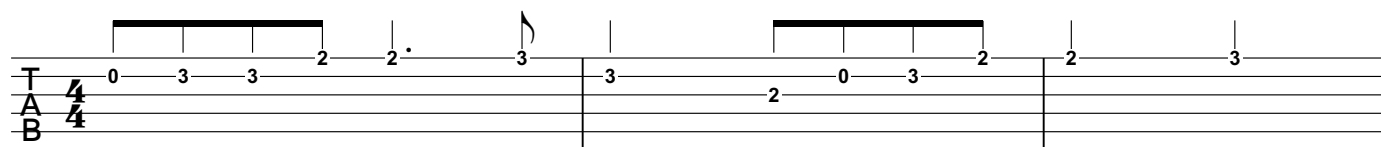
Dedicated to all of the healers in our community

Panem Nostrum

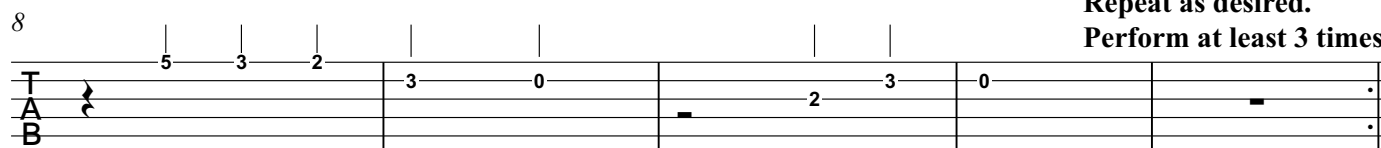
arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

Tender ♩ = 72



G drone throughout



Repeat as desired.
Perform at least 3 times.

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Ukulele (easy)

Dedicated to all of the healers in our community

Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

Tender ♩ = 72

TAB 4/4 0 2 0 3 2 3 | 2 ♯ 0 2 0 3 | 2 ♯ 3 ♯

4

8

The first system of the musical score for 'The Rose Tree' is shown. It consists of three staves: Treble (T), Alto (A), and Bass (B). The Treble staff begins with a treble clef and a key signature of one flat (B-flat). The melody starts on a whole note G4 (labeled 0), followed by a half note F#4 (labeled 3), and a half note E4 (labeled 2). The Alto staff begins with an alto clef and contains a whole note G3 (labeled 2). The Bass staff begins with a bass clef and contains a whole note G2 (labeled 2). The system concludes with a double bar line and repeat dots.

Repeat as desired.
Perform at least 3 times.

Ukulele

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Panem Nostrum

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Reena Esmail
arr. Schwaegler

Tender ♩ = 72

The image displays three staves of guitar tablature, each with a treble (T) and bass (B) clef. The first staff is marked with a 4/4 time signature and a '4' indicating a four-measure phrase. It features a sequence of fret numbers (0, 2, 0, 3, 2, 3, 2) and a triplet of eighth notes (0, 2, 0). The second staff is marked with a '4' and shows a sequence of fret numbers (0, 3, 2, 2, 3, 0, 2, 0, 3, 2, 2) and a triplet of eighth notes (0, 2, 0). The third staff is marked with an '8' and shows a sequence of fret numbers (0, 3, 2, 2, 3, 0, 5, 2) and a triplet of eighth notes (0, 2, 0). The tablature is presented in a clean, black-and-white format with a white background.

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(note from the composer)

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Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

Tender ♩ = 72

The musical score is written on two staves. The first staff begins with a treble clef, a 4/4 time signature, and a tempo marking of ♩ = 72. The melody consists of eighth and quarter notes, with three 'ah' vocalizations indicated by horizontal lines below the staff. The second staff starts with a measure rest followed by a triplet of eighth notes, then continues with a melody of quarter and eighth notes, also featuring three 'ah' vocalizations. The piece concludes with a double bar line. To the right of the second staff, the text 'Repeat as desired. Perform at least 3 times.' is written.

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Violin

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Panem Nostrum

arrangement for #liftyourvoice - May 16, 2020, 7 pm

Reena Esmail
arr. Schwaegler

Tender ♩ = 72

mf

p

Occasionally drone these open strings for the entire length of the melody.
As you do this, remember you are truly part of something larger than yourself.
If possible, you may play the melody and the drone simultaneously.

6

3

opt. slide

Repeat as desired.
Perform at least 3 times.

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Viola

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Panem Nostrum

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arr. Schwaegler

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Cello

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Panem Nostrum

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Reena Esmail
arr. Schwaegler

Tender ♩ = 72

The musical score is written for Cello in 4/4 time. The tempo is marked 'Tender' with a quarter note equal to 72 beats per minute. The key signature has one sharp (F#). The melody is marked *mf* (mezzo-forte) and the drone accompaniment is marked *p* (piano). The drone consists of open strings. The melody is a series of eighth and quarter notes. The score includes a triplet of eighth notes and an optional slide. The piece ends with a repeat sign and the instruction 'Repeat as desired. Perform at least 3 times.'

Occasionally drone these open strings for the entire length of the melody.
As you do this, remember you are truly part of something larger than yourself.
If possible, you may play the melody and the drone simultaneously.

6 **Repeat as desired.**
Perform at least 3 times.

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Double Bass

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Panem Nostrum

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arr. Schwaegler

Tender ♩ = 72

The musical score is written for Double Bass in 4/4 time. The tempo is marked 'Tender' with a quarter note equal to 72 beats per minute. The melody line starts with a mezzo-forte (*mf*) dynamic and includes a triplet of eighth notes. The drone line is marked piano (*p*) and consists of a single low G note. A text instruction states: 'Occasionally drone low G for the entire length of the melody. As you do this, remember you are truly part of something larger than yourself.' The score concludes with a repeat sign and the instruction 'Repeat as desired. Perform at least 3 times.' There is also a note 'opt. slide' near the final measure of the melody.

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